



SASEENOS SCOOP

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Principal: Mrs. R. McArthur Secretary: Kerry Hueston



Principal's Message

Dear Saseenos Families,

Welcome back to school everyone and Happy New Year. We hope everyone had a restful break, and now we're off to a new year of learning. It's a pleasure to visit our busy classrooms and see our learners in action.

It was lovely to see so many of you at our Christmas Concert in December. It warms our heart to be supported by such an amazing parent community. We appreciate the work of our music teachers, Ms. Parliament and Mr. Borland, to highlight the skills taught during Music classes. It was a super start to the holiday season!

As always, at school, we stress the importance of safe play and responsible behavior. We are proud of our students and the way they work to solve problems peacefully. We also appreciate the support of parents to keep us informed about your child's concerns as they arise.

Lastly, a warm Saseenos welcome to Andy, Ethan, Kaydria, Beyla, new students to our school.

Sincerely,
Mrs. McArthur

Important dates:

Jan. 15th – New Curriculum Implementation Day – no school

Jan. 17th – PAC meeting at 1:30 p.m. in the staff room

Jan. 18th & 20th – Nature K information sessions for parents (2018/19 school year)

Jan. 24th – Ready Set Learn at Sooke Community Hall

Jan. 29th – Feb. 2nd: Kindergarten/new student registration; 8:00 am – 3:00 pm

Kindergarten Registration & new student registration for 2018-2019

Registration for Kindergarten for the 2018 school year begins on Monday, Jan. 29th – Friday, Feb. 2nd at 8:00 AM. If your child was born in 2013 and will turn 5 by Dec. 31, 2018, your child is eligible for Kindergarten registration. All registrations will take place online. Please bring your child's birth certificate and your proof of address to school within the next two weeks. For Nature K please read the information below.

We will also be registering students who might be moving into our catchment at this time. Please call the office if you have any questions.

Nature Kindergarten - 2018-2019

Held at Sangster and Saseenos Elementary Schools, the Nature Kindergarten program in SD62 was one of the first of its kind in Canada when it was first piloted in September 2012. Its popularity and success have turned the program into a yearly option for parents.

Students spend a half-day outside every morning, rain or shine, in natural settings. Children then return to school for their lunch and remain in the school during the rest of the afternoon for indoor learning.

Parents *must attend* one of the information sessions listed prior to registering their child into Nature Kindergarten:

Saseenos Parent Information Sessions:

- **Thursday, January 18th, 6:30 P.M. at Saseenos Elementary School**
- **Saturday, January 20th, 10:00 A.M. at Saseenos Elementary School**

Parents must attend one of these two information sessions in order to register their child for the Nature Kindergarten program at Saseenos.

Sangster Parent Information Sessions:

- **Thursday, January 25th, 6:30 P.M. at Sangster Elementary School**
- **Saturday, January 27th, 10:00 A.M. at Sangster Elementary School**

Parents must attend one of these two information sessions in order to register their child for the Nature Kindergarten program at Sangster.

Registration for Nature Kindergarten opens on **Monday, January 29th beginning at 8 a.m.**

Parents can register online or in-person at their neighborhood school. If registering online, please select Nature Kindergarten as your preference. Parents who wish to register in person must do so at their catchment school and submit a request for Nature Kindergarten.

As this program typically fills up within the first day of registration, parents are encouraged to register for Nature Kindergarten as close as possible to the opening time of registration.

Ready, Set, Learn!

Sooke School District invites 3 & 4 year-olds & families to Ready, Set, Learn!
Wed. January 24th at the Sooke Community Hall, 10:00 am - 1:00 pm



Play & learn with hands-on activities!
Collect a goody bag full of fun!

Find out how to support your child's learning & development!

Thank you, Thank you, Thank you!

We would like to thank Sooke community organizations and families that support our school.

- ⇒ Mrs. Jo Russel from the Sooke Harbourside Lions continues to support our 'Forgotten Lunches' program. She also supports us with new clothing donations.
- ⇒ Each year the Literacy Committee of the Sooke Rotary Club supports our school's literacy program. This year the Nature K program received an additional \$500 towards literary resources.
- ⇒ Sooke Lions support swimming lessons for grades 2 and 3 students & provide a delicious pancake breakfast for the whole school during Literacy Week.
- ⇒ In addition, each year many anonymous donors support individual families in our school especially during Christmas time.
- ⇒ Sooke Search & Rescue

Thank you! Hychka! Kleco Kleco!

Sports news!

Students in grades 4 & 5 have started polishing their basketball skills during their lunch hour under the expertise of Mrs. George. Please stay posted for more information regarding games.



PAC (Parent Advisory Council)

News

- 1) The PAC has two free tickets to the Vancouver Island Parents Conference for Saturday, March 3rd. The theme is Parenting for the Future. If you are interested in attending please let us know.
- 2) The Next PAC meeting will be held on January 17th at 1:30 pm in the staff room. We will be discussing the possibility of a teaching garden and up coming PAC events. All parents and caregivers are welcome.
- 3) The next Hot Lunch Day - Subway/Sushi day will be on Friday, January 19th.
- 4) Save-Around Coupon Books—We still have a number of books that have not been returned to the school. If you are not purchasing the book please bring it back to the office. It is time for us to close this fundraiser. Thank you!

MOVE MORE, SIT LESS!

UNDERSTANDING THE PHYSICAL ACTIVITY RECOMMENDATIONS

Bodies are made to move and children and youth need to be moving more. How much more? At least 60 minutes every day!

What types of activity?

- ◆ Heart-pumping aerobic activity like running, basketball, soccer and biking at least 3 days each week
- ◆ Strengthening activities 3 days a week like climbing and swinging at the playground, push-ups, running, and jumping rope

Parents who are active tend to have children who enjoy being active.

Adults need at least 30 minutes of physical activity most days of the week. If you and your family are not meeting the recommendations, begin slowly and gradually increase the amount of time you spend being active. Find a few fun activities that the whole family can do together. If you need ideas, check your local recreation centre.

For more information:

- ◆ Your local Public Health Unit
- ◆ 24-Hour Movement Guidelines for Children and Youth
- ◆ Public Health Agency of Canada
- ◆ ParticipACTION
- ◆ HealthLinkBC and Physical Activity Services or dial 8-1-1 (a free call)