



SASEENOS SCOOP - JUNE 2018

Phone: 250-642-5261 250-642-6017 Fax: 250-642-3867

Safe Arrival Line: 250-642-5658

www.saseenos.sd62.bc.ca

Principal: Mrs. R. McArthur Secretary: Kerry Hueston

Dear Saseenos Families,

Great things continue to happen in classrooms as we head down the home stretch. Student learning continues to be the focus in classes along with fieldtrips, presentations, and other fun stuff. In recent days we have had visits from Role Models Trudy Spiller and Ren Louie, Kindergarten visits from Elder Shirley Alphonse have continued, primary classes went on a field trip to Beacon Hill Park, Nature K class went to French Beach with their buddies from the high school, Mrs. George's class went to EMCS to participate in bannock making, divisions 3, 4, 5, 6 & 7 released butterflies, grade 5 students visited Journey Middle School for an afternoon of exploratories, Mrs. Haddad's class walked to the Sooke Regional Museum, students in divisions 1, 2 & 3 were invited to watch Victoria Symphony at Belmont Secondary School, we had our annual Talent Show and lastly, grade 3, 4 & 5 students participated in the district Track and Field events at Royal Bay Secondary School today! As you can see May and June are usually a blur!

We would like to thank parents for your continued support and we appreciate the many ways parents participate at school. We also appreciate your advocacy for your children and assistance in helping create a positive environment at Saseenos.

We would like to thank Saseenos PAC for their endless support, a successful Spring Fair, and countless hours of fundraising.

And lastly, thank you for sharing your wonderful children with us. Saseenos students are responsible, caring, kind and good friends. It's been my honour & pleasure to work for you and your children.

Please join us on Friday, June 8 in the morning for coffee and treats!

Sincerely,
Mrs. McArthur

SEASONS & THE MOONS

CENTĒKI – The Sockeye Returns to the Earth

As the warmer weather starts, it starts to get dryer. In the past, there was a special ceremony when reef net anchors were dropped. The ancestors fished at hereditary family locations throughout the four salmon months. There was ceremony to honour the salmon and to show respect to its new generation. After the first salmon was caught, fishing stopped and a ceremony of prayer and feast would begin. This was also the season when Swanson's thrush would arrive to eat the ripe summer berries.

IMPORTANT DATES:

- Friday, June 8 - Parent Appreciation Tea 8:15 onwards
- Friday, June 8 - last day to sign out Library books
- Friday, June 15 - Beach Day
- Mon. June 18 - PAC AGM/elections at 2:30 p.m.
- Tues. June 19 - Divisions 3, 4, 5 & 7 off on a field trip
- Thurs. June 21 - Grade 5 to Camp Thunderbird; tent day for Div. 2 & 3
- Fri. June 22 - Grade 5 Farewell Assembly 1:30 onwards
- Mon. June 25 - FUN DAY & Hotdog day! Mime Trent Arterberry in the afternoon
- Wed. June 27 - Year-end Recognition Assembly 1:30 onwards
- Thurs. June 28 - last day of school; Term 3 reports sent home

PARENT APPRECIATION MORNING

Friday, June 8, 8:15 onwards

Please join Saseenos staff for coffee and treats as you drop your children off.

Hope to see many of you!



LIBRARY CLOSED

Our library will be closed after Friday, June 8 for inventory. All books should be returned by Friday, June 15. Notices will be sent home to students with overdue or lost books.

GRADE 5 FAREWELL ASSEMBLY

Parents are invited to join us on Friday, June 22 at 1:30 p.m. as we honour our Grade 5 students who are completing their elementary school experience. Our Grade 5 class will be honoured as we wish them farewell on their way to Journey Middle School.



BEACH DAY FUN

Our whole school will be going to Aylard Farm on Friday, June 15 for the day. We usually choose a June day with the lowest tide and we hope for good weather too! A detailed notice will be sent home closer to the date.

YEAR END RECOGNITION ASSEMBLY

On Wednesday, June 27 at 1:30 p.m. we will be sharing some memories of the year, recognizing student volunteers, athletic teams, and will be saying goodbye to staff and PAC members who will be leaving us. Parents are welcome to join us for this special assembly and the year-end slide show.

ARE YOU MOVING?

It is now critical that you notify the office if your son or daughter will be attending another school in September 2018. Please email Kerry at khueston@sd62.bc.ca or call the office at 250 642 5261.



Thank you to all the students who participated in the Talent show. Well done!

Emily, Annie, Olive, Madelyn, Ava and her Mom, Dominic,
Lily, Kali, Sophia, Aubrey, Beyla, Maryn, Jasmine,
Kahlan, Layna, Izzy, Ailyah, Suzi, Annika,
Keenan, Ella, Tula, Sadie, Mia,
Airlie, Sam, Suzi, Nevaeh
and Kali

Special thanks to MCs Saya & Charlie



WHAT A PAC?

Thank you to our amazing PAC for their outstanding efforts to raise funds and provide fun activities for kids. Saseenos students, staff and parents would like to express sincere thanks this year's PAC for their hard work.

President Tara Kenmare - we sincerely appreciate Mrs. Kenmare's dedication to the Saseenos School community.

Vice-President James Locke & Treasurer Lisa Locke - we would like to thank James & Lisa Locke for their time and hard work towards the many projects they have taken on. Special thanks to James for opening a dialogue with the Ministry of Transportation & Highways regarding the Sooke Road speeding problem. Thank you to Lisa for taking care of PAC finances. We wish James, Lisa, Mitchell & Sydney all the best on their move to Virginia, USA.

Secretary Ellen Hurst - Thank you for keeping PAC minutes in order and for all the work you do for our kids.

SPEAC Amanda Dowhy - Thank you to Amanda for attending the Sooke Parents' Advisory Council meetings and sharing District happenings with the PAC.

Food Services Chris & Gwen Pope - Thank you to Chris & Gwen for organizing the hot lunches for our students. Chris was instrumental in getting the online ordering system in place which has streamlined the hot lunch ordering process for parents.

Safe Arrival - thank you to Tara and her team of parent volunteers who ensure that all students are safely accounted for each morning attendance. Thank you for your time and due diligence.



PARENT ADVISOR COUNCIL (PAC)

- PAC elections and AGM will be held on June 18th at 2:30pm in the school library. The following positions are open for nomination.

- ◊ President
- ◊ Vice President
- ◊ S.P.E.A.C Representative

Nomination forms have been sent home and are also available at the school.

- Thank you to everyone that donated their time and bottles for our last bottle drive of the year. With your help we raised over \$700.00.
- A great big HUGE Thank you to everyone that volunteered and contributed towards our annual Spring Carnival. The students of Saseenos wouldn't have these awesome memories that they do without you.

Thank you to the following sponsors for their amazing donations

Maple Forage Famrs
Fortis BC
Great Canadian Dollar Store
Tulabell Creations
East Sooke Grocer and General Store
Cathy's Corner Café
Western Foods
Salt West Naturals
642 Wear
Christina's West Coast Creations
Le Sooke Spa
Seaparc
Amy Jameson for Crest & Oral B Tooth care products
Sea Side Sweets
Cobs Bread
The Source
SchoolStarts
Shoreline Roofing

- The PAC will be updating the following list of duties for the following PAC positions at the upcoming AGM on June 18th.
 - ◊ Secretary
 - ◊ Treasurer
 - ◊ Food services coordinator

If you would like to be apart of this process please let the PAC know by emailing the PAC President at tlkenmare@hotmail.ca. Recommendations will be posted next week.



SUN SMART

Too much sun (especially sunburns) can cause:

- ♦ Eye damage
- ♦ Skin cancer later in life
- ♦ Damage to immune system
- ♦ Skin damage that is cumulative; this means that the damage builds up over time

Those at highest risk of skin cancer are those with:

- ♦ Fair skin and blonde or red hair
- ♦ Skin that burns and freckles easily
- ♦ Lots of moles or large moles
- ♦ History of severe sunburns

Ultraviolet (UV) Index:

- ♦ UV Index is a measurement that determines how strong the sun is
- ♦ You and your child can sunburn in only 15 minutes depending on the UV Index
- ♦ UV Index is usually highest from late spring to early fall between 11:00 a.m. and 4:00 p.m., so avoid unprotected sun exposure between these times
- ♦ Use sun protection (clothing, sunscreen, sunglasses, wide brimmed hat) if UV Index is greater than 3
- ♦ Even people with dark skin are at risk for skin damage and cancers

Ways to protect yourself and your child:

- ♦ **SEEK** out the shade
- ♦ **SLIP** on clothing that covers arms and legs
- ♦ **SLAP** on a wide brimmed hat and sunglasses
- ♦ **SLOP** on sunscreen
- ♦ **SLURP** lots of water

Sunscreen Tips:

- ♦ Avoid the mouth and eye area when applying sunscreen
- ♦ Use broad-spectrum sunscreen (with UVA and UVB coverage) with SPF 30 or higher
- ♦ Apply sunscreen at least 20 minutes before going outside

For more information contact:

- ♦ Your local Public Health Unit
- ♦ HealthLinkBC or dial 8-1-1 (a free call)
- ♦ Sun Safety - Health Canada
- ♦ Sun Safety - Canadian Dermatology Association