



## SASEENOS SCOOP

Phone: 250-642-5261 250-642-6017 Fax: 250-642-3867

Safe Arrival Line: 250-642-5658

[www.saseenos.sd62.bc.ca](http://www.saseenos.sd62.bc.ca)

Principal: Mrs. R. McArthur Secretary: Kerry Hueston

### Principal's Message

Dear Saseenos Families,

Thank you for coming out last week for 'Meet the Teacher Night' and for supporting our first ever PAC Fall Fair. All the funds raised by the PAC go directly in supporting programs at school. We have already participated in several activities that bring our school together as a community such as the Fall Beach Day, Terry Fox Run and supporting the Cops for Cancer rally. We are continuing to raise funds for the Terry Fox Foundation through the next two weeks. You are welcome to send donations with your child/children.

We've also had two great performances. Last week Teddy Anderson, Hoop Dancer, brought us a message of unity, community, leadership and taking care of each other at the same time wowing us with his athletic prowess! This week Ballet Victoria gave a stunning performance. Again, we are grateful to our PAC for supporting these performances.

Lastly, we wish you all Happy Thanksgiving, and would like to express our gratitude for being part of a supportive and caring community.

Sincerely,

Ruchi McArthur and Saseenos staff  
Principal

#### **IMPORTANT DATES:**

Mon. Oct. 9 Thanksgiving Day

Wed. Oct. 11 Lifetouch Individual Photo Day; PAC meeting at 6:30 p.m.

Thurs. Oct. 19 BC Shake Out - Earthquake drill; Parent Teacher Student Conferences

Fri. Oct. 20 Pro D Day (school is not in session)

Sat. Oct 21 PAC Bottle Drive 9:00—1:00

#### SEASONS & THE MOONS

*PEKELANEW* - The moon that turns leaves white (approximately October). This moon indicates the end of Summer and the beginning of cooler weather. Traditionally, at this time, activities include splitting logs for building materials, and roughing out canoes. People also prepare for the Fall deer and elk hunts.



## NA'TSA'MAHT Cultural Plan for Saseenos

As a school district our Aboriginal Department last year completed the NA'TSA'MAHT – One Spirit Team Agreement. This was a continuation of the Aboriginal Education Enhancement Agreement. Our school is working on an annual Cultural Framework Plan that will help guide our learning.

### BEACH DAY SO EARLY!

On September 26 we spent a beautiful day at Aylard Farm in East Sooke Park. We spent the day playing, reconnecting with each other after the summer break and witnessed humpback whales frolic in the waters off Beecher Bay. Thank you to the parents who came out and joined us at the beach. We would also like to thank our PAC for helping us with our bussing costs.

### STUDENT FORMS

Thanks to all parents/guardians for returning the completed forms to the office. If you are in the process of completing the forms, please ensure that we have up to date contact information on file by editing the verification forms. Thanks for your help.

### INDIVIDUAL PHOTOS

Photo Day is scheduled for **Wednesday, Oct. 11<sup>th</sup>**. Flyers were sent home this week. If you need one, please have your child pick one up at the office. Please send the Lifetouch form with your child on the photo day.

### CONGRATULATIONS TO OUR RUNNERS!

Congratulations to the runners who represented Saseenos at the recent cross country runs at JDF.

The runners were:

Tristan, Max, Ella, Aliyah, Merisa, Layna, Dea, Sage, Abby, Mia, Alexis, Archer, Trey, Balian, Brooklyn K., Nevaeh P., Kali-mae, Noah, Charlie, Micheal, Jackson, Shae-noelle.

A big thanks to our PAC for paying for bussing our students.



### WEEKLY MEMOS

We try hard to keep parents current with events and happenings at school. Please watch out for weekly memos via email from Mrs. McArthur regarding upcoming events. Also, please make sure to check our website for updates. If you have questions please feel free to call the office at 250 642 5261!

### PETS AT SCHOOL

In order to ensure the comfort and safety of all students, the School District has an Animal Policy which discourages bringing dogs in the school grounds. We also request your help in keeping our playgrounds clean if you bring your pet to our school grounds after school hours. Thank you for your cooperation and understanding.

## **Parent - Teacher Conferences - Thursday, October 19<sup>th</sup>, 3:10 onwards**

Our parent-teacher conference will be held on **Thursday, October 19<sup>th</sup>, 2017**. We are holding these earlier this year in the hope that parents, students and teachers will have the opportunity to touch base early on the school year and set goals that students work on as the term progresses. Interviews will start at 3:10 p.m. You will be able to book interview times on-line for your child/children.

The website became active on **Thursday, Oct. 5<sup>th</sup> at 6:00 a.m.** and will close on **Wednesday, Oct. 18<sup>th</sup> at 11:00 p.m.**

Please call the office if you have difficulty with the process and Kerry will help you out. Please note that these conference time is in lieu of the early dismissal on Thursday, November 23<sup>rd</sup>. If you're unable to meet on Oct. 19<sup>th</sup>, please feel free to be in touch with your child's teacher to set an alternate day/time.

[saseenos.schoolappointments.com](http://saseenos.schoolappointments.com)

## **PARENT VOLUNTEERS/PARENT DRIVERS**

As always we appreciate all the help that we receive from our parent volunteers. Our parent volunteers help students and teachers with classroom activities and help with driving students during field trips. We are grateful for your time and energy. However, as per the School District policy and regulations regarding parent volunteers in schools and parent drivers, the following has to be completed and submitted at the school office:

- Criminal Record Checks (CRC) for any volunteers who work with students
- Volunteer drivers - CRC, valid insurance, driver's license and driver's abstract

For **CRC**, volunteers, please go to this website: <https://justice.gov.bc.ca/eCRC/>

Access Code: WYW3PT2FSN

Please note that there is no fee for the CRC. The clearance letter can take from a few days to several months to process.

Driver's Abstracts are available free of charge from the following ICBC website:

<http://www.icbc.com/driver-licensing/getting-licensed/Pages/Your-driving-record.aspx>

# PAC NEWS

- The next PAC meeting will be Wednesday, October 11th at 6:30 pm in the Library. We will be discussing our Budget for the coming year.
- Salt West Naturals order forms have been sent home. Please have all orders in by Wednesday, October 25th.
- Bottle Drive Saturday, October 21st between 9 am—1 pm. Volunteers are needed. Coffee and baked goods available.
- Halloween Dance Thursday, October 26th, 5:30-7:30 pm. Come boogie down at the Dance! Cost is \$5.00 per child or \$15.00 per family of 4 or more. There will be a pizza concession. Volunteers needed.
- Hot Lunch Orders. Please ensure that all lunch orders are in by the due date. Late orders may not be honored. If you have any questions please contact our food coordinator @ [chrisandgwen@gmail.com](mailto:chrisandgwen@gmail.com).



Thank you to everyone that volunteered and came out to support our Fall Fair.  
With your support we raised over \$800.00 to help  
fund student activities and supplies  
for our school.



## TRICK OR TEETH!

When it comes to Halloween candy and tooth health, the "all or nothing" approach is best. Giving children their Halloween candy over days or weeks is not the best choice. The risk of tooth decay increases with the amount of sugar and the number of times teeth are exposed to it.

Tooth safe suggestions for enjoying Halloween treats are:

- Serve a healthy dinner (or snack) before trick-or-treating. You will know your child has eaten **something** nutritious on this exciting night.
- Limit the number of times teeth are exposed to sugar by encouraging children to eat treats at one sitting. Then, be sure to brush their teeth afterwards.
- Cut down on the number of sugary treats children receive by handing out "tooth-friendly" options like stickers, temporary tattoos, fancy pens and pencils, or toothbrushes!

And of course, remember to floss and brush with fluoride toothpaste before going to bed, or there could be some very *scary* results!

For more information contact:

- VIHA Child, Youth and Family Community Health Dental:

Saanich Health Unit 250-519-5100  
Esquimalt Health Unit 250-519-5311  
Peninsula Health Unit 250-544-2400  
West Shore Health Unit 250-519-3490  
Duncan Health Unit 250-709-3050  
Nanaimo Public Health 250-739-5845  
Port Alberni Public Health Services 250-731-1315  
Comox Valley Health Unit 250-331-8520  
Campbell River Health Unit 250-850-2110  
Port Hardy Health Unit 250-902-6071